



TSC WOMEN'S ULTIMATE STANDINGS

2017-2018 season:

5th Place: USAU Nationals
(Milwaukee, WI)

2nd Place: USAU Northwest
Regionals (Walla Walla, WA)

1st Place: USAU Cascadia
Sectionals (Corvallis, OR)

2nd Place: Stanford Invite
(Fremont, CA)

1st Place: Bellingham Invite
(Bellingham, WA)



Interested?



Contact the UBC Thunderbirds
Women's Ultimate Club Executive
womensultimate.sc@ubc.ca



[RECREATION.CA/SPORT-CLUBS](https://recreation.ca/sport-clubs)



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THE UNIVERSITY OF BRITISH COLUMBIA

UBC THUNDERBIRDS SPORT CLUBS

➦ [RECREATION.UBC.CA/SPORT-CLUBS](https://recreation.ubc.ca/sport-clubs)





UBC TSC: Your Community on Campus

UBC Thunderbirds Sport Clubs are opportunities for highly competitive students to officially represent the university in sports at the non-varsity level, to build community, and to gain leadership and sport management skills. If you trained in one of the available sports in high school, or are looking to diversify your athletic skillset find out more about how to join at sportclubs.ubc.ca.



TRAVEL FOR COMPETITION

Teams travel locally, across Canada and internationally to compete against other universities and clubs.



STUDENT LED TEAMS

Each Sport Club is managed by a team of student executives that take care of all the administrative tasks, finances, marketing, travel and safety logistics, and everything in between.



TRAIN AND COMPETE WITH FRIENDS

Most Sport Clubs athletes train and compete on a weekly basis with their teammates during the year. UBC TSC also hosts socials and events to mingle with 300+ student athletes.



THE SPORT CLUBS EXPERIENCE

“Joining the UBC TSC Women’s Ultimate team has been one of the most rewarding experiences of my life. I am a part of a team that pushes me to be my best at all times, one that I can trust and rely on for support. They are truly my other family, and I am so glad I decided to try out.”

— Julia Zhang

UBC Thunderbirds Women’s Ultimate Sport Club

ACADEMICS

UBC Thunderbirds Sport Clubs (UBC TSC) is open to any Undergraduate, Graduate, or Exchange Students across all faculties and disciplines. Participants must enroll in at least 9 credits per semester (three courses) with minimum good academic standing, both semester and cumulative.

Practices/Competitions and Academics

Thunderbirds Sport Clubs athletes are students first, and athletes second. Athletes are expected to balance their sport and their academics in a responsible and organized manner. Since competition schedules may require the team to be away for competitions on weekends, athletes should look ahead to coordinate competitions alongside their academic commitments. It is ultimately up to the individual athlete to choose how to manage their time. It is important that the student works with their professors to make up for any missed assignments or exams in advance.

COMPETITION AND TRAINING

UBC TSC Women’s Ultimate currently has 26 rostered players. However, the number of athletes will fluctuate every year. All players will have the opportunity to compete. The team competes in USA Ultimate’s College Division, against Division I (DI) College teams from across North America.

Practices are held 3 times a week and span 2-3 hours. They are held at local Vancouver fields (usually Trillium, Jericho or Trafalgar Park).

Yearly Calendar

Practices:	Individual Activities:
December - May	2 to 6 hours per week

Time Commitment

Team Activities:	Competitions:
6 to 10 hours per week	January - May

Try-outs and Requirements

It is recommended that prospective athletes have some experience playing ultimate frisbee in high school, or on a junior club. The season begins with an open tryout followed by two closed, invite-only rounds. The season begins with an open tryout followed by two closed, invite-only rounds.

OUTSIDE OF THE SPORT

Fundraisers

The team holds a variety of fundraising events, including pub nights, workout classes, showcase games, in which, all proceeds go towards tournament fees and travel costs.

Philanthropic Work

Many members of the Women’s Ultimate Sport Club volunteer to teach at youth ultimate clinics, as well as coach the local junior club ultimate teams. Additionally, the team works in conjunction with UBC TSC for the annual Spin-a-Thon. This event is partnered with Right to Play, to raise awareness and funds for Aboriginal Youth in their pursuit for sports.